

# GROWTH GROUP

## Study Guide

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Insisting on Integrity – Galatians 1:18-24

### My Story

1. Have you ever been accused of lying? Did you get defensive? How did it turn out?

### Digging Deeper

2. What is the significance of Paul waiting 3 years before visiting Cephas (Peter), and then only spending 15 days with him (v.18)? How does this emphasize the divine origin of Paul's Gospel message rather than human teaching?
3. Why is Paul so careful to assert that he is not lying about his activities and meetings during this period (v.20)? What does this reveal about the challenges he faced?

4. What does the reaction of the Judean churches (v.24) tell us about the early church's view of Paul's conversion? Why do you think they were so convinced of this change?

### Reflection

5. If a group of religious people attacked your character and motives, accusing you of teaching untrue things, how would you answer them? What evidence would you point to?
6. How important are integrity and honesty in your life? In what situations do you find it hardest to speak honestly or to show integrity? Why do you think that is?

# SERMON NOTES

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## Taking the Next Step

Read through Psalm 15 and make a list of every mentioned character trait or personal action that relates to integrity, truth & honesty. Look over the list and evaluate how you are doing in each of those areas. Ask God to help you do even better.

## Praises / Prayer Requests

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